

2020-2021 SCHOOL OPENING & SAFETY PLAN

Quarantine Guidelines

What happens when a student or staff member becomes sick?



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Any person who has tested positive for COVID-19. **Confirmed with** lab result.

With symptoms:

Isolation until the following requirements have been met:

- 10 days since symptoms first appeared and
- 24 hours (1 day) with no fever (without the use of fever-reducing medicine)
- Symptoms have improved

The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days

Without symptoms (Asymptomatic):

Quarantine for 10 days from test date:

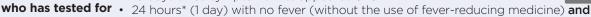
- Monitor self for symptoms, take temperature twice a day
- Released from quarantine after 10 days have passed as long as no symptoms have been present

Any person who is With symptoms: solely symptomatic or

COVID-19 due to symptoms and waiting for lab results.

Isolation until the following requirements have been met:





Symptoms have improved

If test is negative, may return sooner when symptom-free.

* The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days.

Any person who lives in the same household with Person A or **Symptomatic Person B**

No symptoms:

- Quarantine for 14 days following the date of last exposure including complete separation from the person in your house with COVID-19. This means no contact, no time together in the same room, and no sharing of any spaces, such as bathroom or bedroom.
- Quarantine to continue for 14 days after Person A completes isolation, IF unable to avoid exposure to Person A.

*If Person B recieves a negative test result, then Person C does not need to quarantine.



Any person with close contact to Person A (>15 min (Cumulative per day), <6 ft)

Quarantine for 14 days following date of last exposure:

- Contact Fresno County Department of Public Health with any questions 559-600-3200
- Monitor self for symptoms, take temperature twice a day
- Notify Primary Care Provider if symptoms develop



Any person who has had exposure to Person B or C

NO QUARANTINE OR ACTION REQUIRED unless:

NO QUARANTINE OR ACTION REQUIRED unless Person C develops symptoms OR tests positive and Person E had contact within 14 days (timeline should start 2 days before Person C develops symptoms) then:

- Contact Primary Care Provider to see about testing
- Contact Health Services with questions regarding timing and exposure
- Clear on daily self-health screening tool

DEFINITIONS

Developed in collaboration with Fresno County Department of Public Health

- Isolation separates infected people with a contagious disease from people who are not sick.
- Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
- Close Contact defined as anyone who was within 6 feet of an infected person(s) for a total of 15 minutes or more over a 24-hour period, cumulative time, during the infectious period (2 days prior to symptom onset while symptomatic, or 2 days prior to test date if asymptomatic, up to the last contact with the COVID-19 positive person(s)).