






COVID-19 &

Quarantine Guidelines

What happens when a student or staff member becomes sick?

PERSON A	 <p>Any person who has tested positive for COVID-19. Confirmed with lab result.</p>	<p>With symptoms: Isolation until the following requirements have been met:</p> <ul style="list-style-type: none"> • 10 days since symptoms first appeared and • 24 hours (1 day) with no fever (without the use of fever-reducing medicine) • Symptoms have improved <p>The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days</p> <p>Without symptoms (Asymptomatic): Quarantine for 10 days from test date:</p> <ul style="list-style-type: none"> • Monitor self for symptoms, take temperature twice a day • Released from quarantine after 10 days have passed as long as no symptoms have been present
PERSON B	<p>Any person who is solely symptomatic or who has tested for COVID-19 due to symptoms and waiting for lab results.</p>	 <p>With symptoms: Isolation until the following requirements have been met:</p> <ul style="list-style-type: none"> • 10 days since symptoms first appeared and • 24 hours* (1 day) with no fever (without the use of fever-reducing medicine) and • Symptoms have improved <p>If test is negative, may return sooner when symptom-free. * The 24 hours without fever may possibly occur within the 10 days of isolation, or after the 10 days.</p>
PERSON C	<p>Any person who lives in the same household with Person A or Symptomatic Person B</p> 	<p>No symptoms:</p> <ul style="list-style-type: none"> • Quarantine for 14 days following the date of last exposure including complete separation from the person in your house with COVID-19. This means no contact, no time together in the same room, and no sharing of any spaces, such as bathroom or bedroom. • Quarantine to continue for 14 days after Person A completes isolation, IF unable to avoid exposure to Person A. <p>*If Person B receives a negative test result, then Person C does not need to quarantine.</p>
PERSON D	 <p>Any person with close contact to Person A (>15 min (Cumulative per day), <6 ft)</p>	<p>Quarantine for 14 days following date of last exposure:</p> <ul style="list-style-type: none"> • Contact Fresno County Department of Public Health with any questions 559-600-3200 • Monitor self for symptoms, take temperature twice a day • Notify Primary Care Provider if symptoms develop
PERSON E	 <p>Any person who has had exposure to Person B or C</p>	<p>NO QUARANTINE OR ACTION REQUIRED unless: NO QUARANTINE OR ACTION REQUIRED unless Person C develops symptoms OR tests positive and Person E had contact within 14 days (timeline should start 2 days before Person C develops symptoms) then:</p> <ul style="list-style-type: none"> • Contact Primary Care Provider to see about testing • Contact Health Services with questions regarding timing and exposure • Clear on daily self-health screening tool

DEFINITIONS

Developed in collaboration with Fresno County Department of Public Health

- Isolation separates infected people with a contagious disease from people who are not sick.
- Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
- Close Contact defined as anyone who was within 6 feet of an infected person(s) for a total of 15 minutes or more over a 24-hour period, cumulative time, during the infectious period (2 days prior to symptom onset while symptomatic, or 2 days prior to test date if asymptomatic, up to the last contact with the COVID-19 positive person(s)).