

Benchmark Advance

Grade 1 High-Frequency Words Cross-Referenced with Dolch, Fry, and Clay*

Unit	Week	HFW	Where Taught	Dolch	Fry	Clay
1	1	and	Phonics (Explicit high-frequency word instruction)	✓	✓	
		back	Phonics (Decodable word)	✓	✓	
		go	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
		see	Phonics (Explicit high-frequency word instruction)	✓	✓	
		she	Phonics (Explicit high-frequency word instruction)	✓	✓	
		the	Phonics (Explicit high-frequency word instruction)	✓	✓	
	2	him	Phonics (Decodable word)	✓	✓	
		his	Phonics (Decodable word)	✓	✓	
		little	Phonics (Explicit high-frequency word instruction)	✓	✓	
		play	Phonics (Explicit high-frequency word instruction)	✓	✓	
		six	Phonics (Decodable word)	✓	✓	
		you	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
	3	for	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
		got	Phonics (Decodable word)	✓	✓	
		have	Phonics (Explicit high-frequency word instruction)	✓	✓	
		jump	Phonics (Explicit high-frequency word instruction)	✓		
		no	Phonics (Explicit high-frequency word instruction)	✓	✓	
		one	Phonics (Explicit high-frequency word instruction)	✓	✓	

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2	1	are	Phonics (Decodable word)	✓	✓	✓
		look	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
		my	Phonics (Explicit high-frequency word instruction)	✓	✓	
		said	Phonics (Explicit high-frequency word instruction)	✓	✓	
		two	Phonics (Explicit high-frequency word instruction)	✓	✓	
		come	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
	2	here	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
		of	Phonics (Explicit high-frequency word instruction)	✓	✓	
		to	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
		black	Phonics (Decodable word)	✓	✓	
	3	put	Phonics (Explicit high-frequency word instruction)	✓	✓	
		saw	Phonics (Explicit high-frequency word instruction)	✓	✓	
		this	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
		want	Phonics (Explicit high-frequency word instruction)	✓	✓	
		what	Phonics (Explicit high-frequency word instruction)	✓	✓	

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Unit	Week	HFW	Where Taught	Dolch	Fry	Clay
3	1	now	Phonics (Explicit high-frequency word instruction)	✓	✓	
		do	Phonics (Explicit high-frequency word instruction)	✓	✓	
		went	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
		which	Phonics (Explicit high-frequency word instruction)	✓	✓	
	2	still	Phonics (Decodable word)		✓	
		stop	Phonics (Decodable word)	✓	✓	
		out	Phonics (Explicit high-frequency word instruction)	✓	✓	
		was	Phonics (Explicit high-frequency word instruction)	✓	✓	
		then	Phonics (Explicit high-frequency word instruction)	✓	✓	
		there	Phonics (Explicit high-frequency word instruction)	✓	✓	
	3	best	Phonics (Decodable word)	✓	✓	
		drinks	Phonics (Decodable word)	✓		
		last	Phonics (Decodable word)		✓	
		must	Phonics (Decodable word)	✓	✓	
		next	Phonics (Decodable word)		✓	
		plant	Phonics (Decodable word)		✓	
		by	Phonics (Explicit high-frequency word instruction)	✓	✓	
		good	Phonics (Explicit high-frequency word instruction)	✓	✓	
		who	Phonics (Explicit high-frequency word instruction)	✓	✓	
		them	Phonics (Explicit high-frequency word instruction)	✓	✓	

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4	1	could	Phonics (Explicit high-frequency word instruction)	✓	✓	
		sing	Phonics (Decodable word)	✓	✓	
		these	Phonics (Explicit high-frequency word instruction)	✓	✓	
		things	Phonics (Decodable word)		✓	
		thinks	Phonics (Decodable word)	✓	✓	
		our	Phonics (Explicit high-frequency word instruction)	✓	✓	
		were	Phonics (Explicit high-frequency word instruction)	✓	✓	
		2	hurt	Phonics (Explicit high-frequency word instruction)	✓	
	once		Phonics (Explicit high-frequency word instruction)	✓	✓	
	that		Phonics (Explicit high-frequency word instruction)	✓	✓	
	upon		Phonics (Explicit high-frequency word instruction)	✓	✓	
	3	because	Phonics (Explicit high-frequency word instruction)	✓	✓	
		from	Phonics (Explicit high-frequency word instruction)	✓	✓	
		head	<i>Reader's Theater Nursery Rhymes and Songs</i>	✓	✓	
		their	Phonics (Explicit high-frequency word instruction)	✓	✓	
			when	Phonics (Explicit high-frequency word instruction)	✓	✓

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Unit	Week	HFW	Where Taught	Dolch	Fry	Clay
5	1	late	Phonics (Decodable word)		✓	
		many	Phonics (Explicit high-frequency word instruction)	✓	✓	
		start	Phonics (Explicit high-frequency word instruction)	✓	✓	
		right	Phonics (Explicit high-frequency word instruction)	✓	✓	
		take	Phonics (Decodable word)	✓	✓	
		why	Phonics (Explicit high-frequency word instruction)	✓	✓	
	2	close	Phonics (Decodable word)		✓	
		find	Phonics (Explicit high-frequency word instruction)	✓	✓	
		how	Phonics (Explicit high-frequency word instruction)	✓	✓	
		over	Phonics (Explicit high-frequency word instruction)	✓	✓	
		under	Phonics (Explicit high-frequency word instruction)	✓	✓	
		face	Phonics (Decodable word)		✓	
	3	far	Phonics (Explicit high-frequency word instruction)	✓	✓	
		give	Phonics (Explicit high-frequency word instruction)	✓	✓	
		let's	<i>Reader's Theater Nursery Rhymes and Songs</i>	✓	✓	
		place	Phonics (Decodable word)		✓	
		too	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
		try	Phonics (Explicit high-frequency word instruction)	✓	✓	

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Unit	Week	HFW	Where Taught	Dolch	Fry	Clay
6	1	after	Phonics (Explicit high-frequency word instruction)	✓	✓	
		call	Phonics (Explicit high-frequency word instruction)	✓		
		five	Phonics (Decodable word)	✓	✓	
		her	Phonics (Explicit high-frequency word instruction)	✓	✓	
		large	Phonics (Explicit high-frequency word instruction)		✓	
		house	Phonics (Explicit high-frequency word instruction)	✓	✓	
	2	long	Phonics (Explicit high-frequency word instruction)	✓	✓	
		off	Phonics (Explicit high-frequency word instruction)	✓	✓	
		small	Phonics (Explicit high-frequency word instruction)	✓	✓	
		use	Phonics (Decodable word)	✓	✓	
		animals	<i>Reader's Theater Nursery Rhymes and Songs</i>		✓	
	3	brown	Phonics (Explicit high-frequency word instruction)	✓	✓	
		day	Phonics (Decodable word)	✓	✓	
		live	Phonics (Explicit high-frequency word instruction)	✓	✓	
		may	Phonics (Decodable word)	✓	✓	
		work	Phonics (Explicit high-frequency word instruction)	✓	✓	
		year	Phonics (Explicit high-frequency word instruction)		✓	

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Unit	Week	HFW	Where Taught	Dolch	Fry	Clay
7	1	always	Phonics (Explicit high-frequency word instruction)	✓	✓	
		don't	Phonics (Decodable word)	✓	✓	
		found	Phonics (Explicit high-frequency word instruction)	✓	✓	
		goes	Phonics (Decodable word)	✓		
		hold	Phonics (Decodable word)	✓	✓	
		know	Phonics (Explicit high-frequency word instruction)	✓	✓	
		loads	Phonics (Decodable word)	✓		
		show	Phonics (Decodable word)	✓	✓	
		so	Phonics (Decodable word)	✓	✓	
		you	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
	2	all	Phonics (Explicit high-frequency word instruction)	✓	✓	
		clean	Phonics (Decodable word)	✓	✓	
		draw	Phonics (Explicit high-frequency word instruction)	✓	✓	
		each	Phonics (Decodable word)		✓	
		feet	Phonics (Decodable word)	✓	✓	
		green	Phonics (Decodable word)	✓	✓	
		leave	Phonics (Decodable word)		✓	
		need	Phonics (Decodable word)		✓	
		people	Phonics (Explicit high-frequency word instruction)		✓	
		read	Phonics (Decodable word)	✓	✓	
		sea	Phonics (Decodable word)		✓	
		seem	Phonics (Decodable word)		✓	
		sleep	Phonics (Decodable word)	✓	✓	
		three	Phonics (Decodable word)	✓	✓	
	trees	Phonics (Decodable word)		✓		
	where	Phonics (Explicit high-frequency word instruction)	✓	✓	✓	
	3	again	Phonics (Explicit high-frequency word instruction)	✓	✓	
		country	Phonics (Explicit high-frequency word instruction)		✓	
		high	Phonics (Decodable word)		✓	
		kind	Phonics (Decodable word)	✓	✓	
lights		Phonics (Decodable word)		✓		
might		Phonics (Decodable word)		✓		
night		Phonics (Decodable word)	✓	✓		
round		Phonics (Explicit high-frequency word instruction)	✓	✓		
they	Phonics (Explicit high-frequency word instruction)	✓	✓	✓		

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8	1	boy	Phonics (Explicit high-frequency word instruction)	✓	✓	✓	
		car	Phonics (Decodable word)	✓	✓	✓	
		city	Phonics (Explicit high-frequency word instruction)		✓		
		farm	Phonics (Decodable word)	✓	✓		
		four	Phonics (Explicit high-frequency word instruction)	✓	✓		
		great	Phonics (Explicit high-frequency word instruction)		✓		
		hard	Phonics (Decodable word)		✓		
		part	Phonics (Decodable word)		✓		
		2	away	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
			change	Phonics (Explicit high-frequency word instruction)		✓	
	laugh		Phonics (Explicit high-frequency word instruction)	✓			
	more		Phonics (Decodable word)		✓		
	move		Phonics (Explicit high-frequency word instruction)		✓		
	or		Phonics (Decodable word)	✓			
	3	above	<i>Reader's Theater Nursery Rhymes and Songs</i>		✓		
		earth	Phonics (Explicit high-frequency word instruction)		✓		
		every	Phonics (Explicit high-frequency word instruction)	✓	✓		
		girl	Phonics (Decodable word)	✓	✓		
		near	Phonics (Explicit high-frequency word instruction)		✓		
	school	Phonics (Explicit high-frequency word instruction)	✓	✓	✓		
turn	Phonics (Decodable word)		✓				

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Unit	Week	HFW	Where Taught	Dolch	Fry	Clay
9	1	about	Phonics (Explicit high-frequency word instruction)	✓	✓	
		around	Phonics (Decodable word)	✓	✓	
		before	Phonics (Explicit high-frequency word instruction)	✓	✓	
		done	Phonics (Explicit high-frequency word instruction)	✓	✓	
		even	Phonics (Explicit high-frequency word instruction)	✓	✓	
		sound	Phonics (Decodable word)		✓	
	2	buy	Phonics (Explicit high-frequency word instruction)	✓	✓	
		only	Phonics (Explicit high-frequency word instruction)	✓	✓	
		pointed	Phonics (Decodable word)		✓	
		through	Phonics (Explicit high-frequency word instruction)		✓	
		walk	Phonics (Explicit high-frequency word instruction)	✓	✓	
	3	another	Phonics (Explicit high-frequency word instruction)		✓	
		books	Phonics (Decodable word)		✓	
		does	Phonics (Explicit high-frequency word instruction)	✓	✓	
		food	Phonics (Decodable word)		✓	
		some	Phonics (Explicit high-frequency word instruction)	✓	✓	
		soon	Phonics (Decodable word)	✓	✓	
		took	Phonics (Decodable word)		✓	
wash		Phonics (Explicit high-frequency word instruction)	✓	✓		

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10	1	better	Phonics (Explicit high-frequency word instruction)	✓	✓	
		carry	Phonics (Explicit high-frequency word instruction)	✓	✓	
		learn	Phonics (Explicit high-frequency word instruction)		✓	
		very	Phonics (Explicit high-frequency word instruction)	✓	✓	
		write	Phonics (Decodable word)	✓	✓	
	2	below	Phonics (Explicit high-frequency word instruction)		✓	
		fall	Phonics (Decodable word)	✓	✓	
		father	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
		mother	Phonics (Explicit high-frequency word instruction)	✓	✓	✓
		never	Phonics (Explicit high-frequency word instruction)	✓	✓	
		talk	Phonics (Decodable word)		✓	
	3	answer	Phonics (Explicit high-frequency word instruction)		✓	
		any	Phonics (Explicit high-frequency word instruction)	✓	✓	
		blue	Phonics (Explicit high-frequency word instruction)	✓	✓	
		eight	Phonics (Explicit high-frequency word instruction)	✓	✓	
		funny	Phonics (Decodable word)	✓		
		hear	<i>Reader's Theater Nursery Rhymes and Songs</i>		✓	